

Embroidered Socks by Mary Jane Allen
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Supplies

One pair of cuffed socks
Teeny Designs from Perfect Little
Stitches
Poly mesh stabilizer
Embroidery threads

Pre-wash cotton socks. If the sock is for your own use, try the sock on, taking care that the sock is on straight. Fold the cuff as you normally would. On the outside of your ankle, place a straight pin at the fold of the cuff. Decide where you want the design (centered on the outside of your ankle). Place a pin either side of where the design will be, placing the pins exactly 1 inch apart. (You may want a helper.)

If the sock is for someone else and that person is not available, try to estimate how much the sock will stretch by placing it around your wrist, or a doll's ankle, or whatever seems to be the right size. With the socks shown, when the cuff relaxed, the pins were only 5/8" apart (image 2).

Carefully remove the sock without disturbing the pins. Mark the second sock the same way, but you will want the design to be on the other side of the ankle so that when worn, the designs are on the outside of each ankle (image 1).

To help the embroidery hoop get a better grip on the poly mesh stabilizer, make a "window" of heavy cut-away stabilizer and hoop the window with the polymesh (image 3).

Pin the sock cuff (one layer only) to the stabilizer stretching the cuff so that the pins are 1 inch apart. Pin the sock at the hem of the cuff, the fold of the cuff, and all around so as to keep the rest of the sock out of the way. Place one pin to mark the midway point between the hem and the fold of the cuff to help with placement of the design (image 4).

Pin the second sock next to the first one (image 5). Note that the excess sock is to the left.

Before embroidering, rotate the design (if necessary) so that it will be right side up when the cuff is turned down. If possible, use bobbin thread that matches the top thread. Use a ballpoint needle. Position the first design halfway between the pins that are 1 inch apart and halfway between the hem and the fold of the cuff (remove the pin marking the halfway point before embroidering).

Embroider the first design. Rotate and position the second design the same way. Embroider (image 6).

Trim the stabilizer around each design.

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If you have any questions, please ask: tbearwoman@perfectlittlestitches.com
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